



2020 SEMDA Spring Workshop

The “Weight” of Weight Loss

Saturday, March 7, 2020 8:45 am to 2:45 pm

Madonna University, 36600 Schoolcraft Rd.
Livonia, MI Franciscan Center Lecture Hall S100

Objectives: At the end of this program participants will:

- Understand the relationship between weight bias and poor health, including disordered eating.
- Identify strategies to facilitate the HAES approach while working with the bariatric patient population.
- Identify the potential changes in psychological health following weight loss.
- Define ways RDs work with patients/clients that may or may not contribute to eating disordered behavior.

Registration Deadline: **Thursday, March 5, 2020**

Register online on the SEMDA website:

<https://www.semda.org/spring-workshop-reg/>

- SEMDA Members: Free (Members must register)
- Non-members: \$50.00
- Join SEMDA and attend workshop:* \$45.00

*New members must be Academy members to join. SEMDA Membership will be from June 1, 2020 through May 31, 2021.

Parking Directions: Take the first left off Levan (going North), Van de Vyer Dr., and follow the drive around the buildings and turn right on Bridget Dr. Continue until you see “Franciscan Center” on the building on your right. Park in this near parking lot.

When you enter the building from this entrance, the lecture hall is immediately on your right.

Agenda

8:45 – 9:15 am
Registration and Continental Breakfast

9:15 - 9:30 am
Welcome, Announcements, and Policy Updates

9:30 – 10:30 am
Weight Bias in Health Care: Shifting the Paradigm with Weight Inclusive Nutrition

Kendrin Sonnevile, ScD, RD, University of Michigan School of Public Health

10:45 – 11:45 pm
Using a HAES Approach with the Bariatric Patient Population

Anna Jones, MPH, RDN, Henry Ford Bariatric Center-Allegiance

11:45 – 12:15 pm
Lunch

12:15 - 1:15 pm
The Good and the Bad: Mental Health and Weight Loss

Kelley Chilson, MS, Psychological Intern Henry Ford Health System

1:30 – 2:30 pm
The Prevention and Treatment of Eating Disorders

Laurie Fortlage, MS, RDN, C.S. Mott Children’s Hospital

2:30 - 2:45
Evaluations

4 CPEU available from the Commission on Dietetic Registration

Questions? Contact Anna Jones at (815) 505-9732 or annanijo@umich.edu