

# Medically tailored Meals Program: Enrolling participants now!

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## Are you aged 60 or older and a diabetic?

If so, you may qualify to participate in a research study evaluating a medically tailored meal pilot program being offered from Beaumont Hospital, Troy funded by a grant provided by the Michigan Health Endowment Fund.

### What the program includes:

Diabetic friendly, frozen meals delivered right to your door at no cost

As part of the program, you will be asked to complete three online surveys over a 6 month period.

If you are interested in participating, please contact Sarah Berry, principal investigator. Contact information is below.



FOR MORE INFORMATION: EMAIL Sarah Berry at [sarah.berry@beaumont.org](mailto:sarah.berry@beaumont.org) or call 248-964-0786