

Shaping the Food Environment - Dietitians Wanted!

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EXECUTIVE DIRECTOR - DETROIT FOOD POLICY COUNCIL

Topics

- Connection to Social Determinants of Health - Connection of Food & Healthy People 2020
- History of Food Policy Councils in the US
- History and work of the Detroit Food Policy Council (DFPC)
- Food Policy Councils in Southeastern Michigan
- Role of Nutrition Professionals with Food Policies & How To Get Involved



Determinants of Health and Health Disparities

Biological, social, economic, and environmental factors—and their interrelationships—influence the ability of individuals and communities to make progress on these indicators. Addressing these determinants is key to improving population health, eliminating health disparities, and meeting the overarching goals of Healthy People 2020.



Social Determinants of Health



Food Touches Two of the Five SDOH

ECONOMIC STABILITY

Poverty

Employment

Food Security

Housing Stability

NEIGHBORHOOD & BUILT ENVIRONMENT

Access to Healthy Foods

Quality of Housing

Crime and Violence

Environmental Conditions

History of Food Policy Councils

In the Nation and State

What is a Food Policy Council?

Food Policy Councils convene citizens and government officials for the purpose of providing a comprehensive examination of a state or local food system. This unique, non-partisan form of civic engagement brings together a diverse array of food system stakeholders to develop food and agriculture policy recommendations.

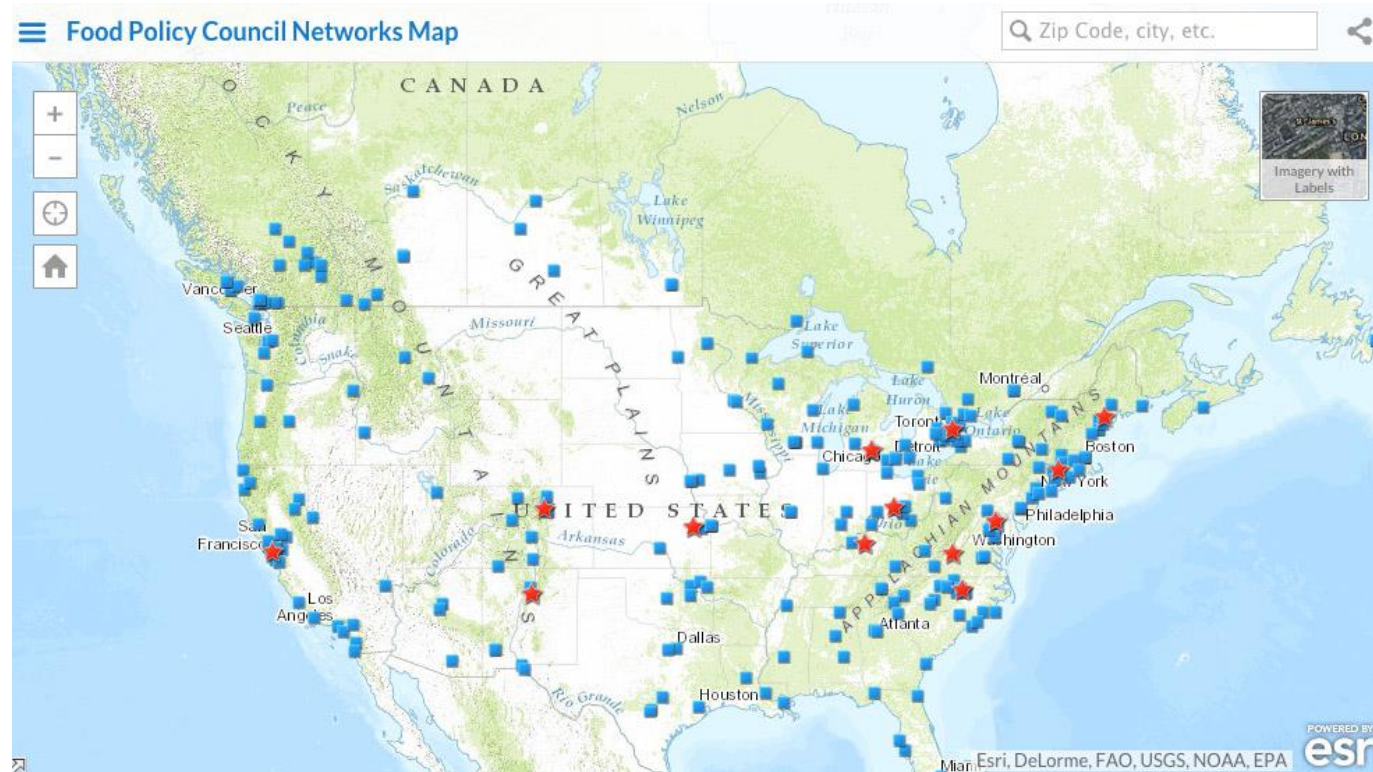


Food Policy Councils

- More than 200 food policy councils throughout the United States and Canada
- Some are statewide
- Others serve a particular municipality
- A directory of food policy councils can be found at:
<http://www.foodpolicynetworks.org/directory/>

Map of Food Policy Councils

Explore the interactive map of food policy councils at:
<http://www.foodpolicyworks.org/fpc-map/>



1977 to Present

- **1977 Knoxville Food Policy Council Formed**
- **1978 Hartford Food System**
 - **1991 Advisory Commission on Food Policy**
- **1991 Toronto Food Policy Council**
- **2005 Michigan Food Policy Council (MFPC)**
 - **Michigan Good Food Charter**
 - **MFPC eliminated by executive order January 2015**
 - **Interdepartmental Collaboration Committee (ICC) Subcommittee on Food Policy**



Michigan Good Food Charter

A Few of the food related priorities...

- Expand and increase innovative methods to bring healthy food
- Improve school food environments
- Use policy and planning strategies to increase access to healthy food
- Establish Michigan as the place to be for good food
- Incorporate good food education into curriculums for all Michigan students



A Quick Exercise

Does Proximity Count?



History

2006 - 2008

Detroit Black Community Food Security Network and Detroit residents create Food Security Policy; City Council accepts policy and establishes DFPC by unanimous resolution

2009

DFPC begins meeting as all-volunteer organization drawing from all aspects of food system, government and at-large members

2011

DFPC hires first staff

2015

Community engagement and research process begins for Food Security Policy Update

2016

Policy completed and approved by DFPC



Mission

DFPC is committed to nurturing the development and maintenance of a sustainable, localized food system and a food-secure City of Detroit in which all of its residents are hunger-free, healthy, and benefit economically from the food system that impacts their lives.

Values

The Detroit Food Policy Council is committed to assessing information and developing solutions for the benefit of, and with accountability to, the people of Detroit. We respect the past and are focused on forward movement, seeing beyond the immediate or short term impact of our actions. We use a consensus decision making model whereby all voices are heard and all those making decisions are willing to fully support implementation of decisions made. With this in mind, the DFPC has adopted the following values to guide our work.

- Justice
- Respect
- Integrity
- Inclusion
- Transparency

Food Security Policy Addresses:

Hunger and malnutrition

Effects of inadequate diet

Citizen education

Economic injustice in the food system

Urban agriculture

The role of schools and other public institutions

Emergency response

The policy also called for the creation of a Detroit Food Policy Council (DFPC)



Structure of DFPC

21 Council Members

- 13 Sectors Food System
- 4 At Large Members
- 1 Youth Member
- 3 City Appointees

Four Full-Time Staff

Four Committees

- Research and Policy;
- Education and Engagement
 - Next Generation Food System Leadership Development
- Fund Development (Internal)
- Nominating (Internal)





DFPC in the Community





What About Food? Film & Dialogue Series

WHAT ABOUT FOOD? MAKING A BETTER SCHOOL LUNCH



Lunch Hour (2014)

Film Screening and Discussion

Detroit has been a leader in improving school lunches and ensuring all children are able to get a healthy meal at school. Pending legislation in Congress could gut the provisions in child nutrition programs that allow schools to provide better lunches for all and help keep children from going hungry. Please join us for a screening of the film "Lunch Hour" and a discussion of Child Nutrition Reauthorization legislation, as well as strategies for action.



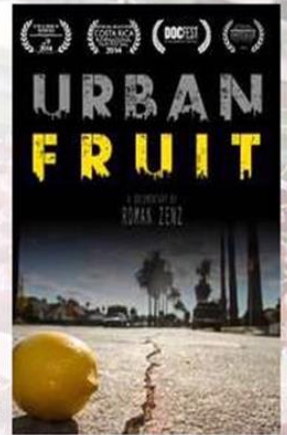
Film and Dialogue Series

Urban Fruit

Wednesday, August 31 5:30 pm
Focus: HOPE Conference Center
1400 Oakman Blvd, Detroit, 48238

Join us for a film about urban agriculture and how it has impacted communities in Los Angeles. Following the movie we will have a panel discussion about agriculture in Detroit.

This event is free and open to the public. Please RSVP at www.detroitfoodpc.org/events or call 313-833-0396. Refreshments will be served.



www.urbanfruitdoc.com



Detroit Food



Next Gen Food System Leadership Development

Five Youth Peer Food System Leaders
Community Engagement & Learning





Youth Summit





Recognizing Food System Excellence





Detroit Food 2016



Detroit Food 2017 – March 9, 10



Past Initiatives

- Food System Reports – 2009 - 2010, 2011-2012
- Agriculture Ordinance 2013
- Voters' Guide - 2013
- Annual Food Summits
 - 6th Annual Summit – March 10, 11, 2016



More to Come

- Equity Assessment of Food System
- Grocery Store Community Engagement
- A Taste of African Heritage
- Support of
 - Detroit Food and Fitness Collaborative
 - Detroit Livestock Guild

Some of Our Local Allies

Detroit Food and Fitness Collaborative

Eastern Market Corporation

Detroit Black Community Food Security Network

Keep Growing Detroit

The Greening of Detroit

Ecology Center

No Kid Hungry Detroit

Forgotten Harvest

Detroiters Working for Environmental Justice

MOSES

Detroit Economic Growth Corporation

Black Mothers' Breast Feeding Association



What Now?

COUNCILS IN MICHIGAN & HOW TO GET INVOLVED

How Can You Get Involved?

- Attend a council meeting
 - Quarterly meetings are open – 2nd Tuesday of January, April, July, October – next meeting January 10, 2017
- Work on a committee
 - Research and Policy Committee – 4th Tuesday of each month
 - Education and Engagement Committee – 3rd Wednesday of each month
- Volunteer with the council
 - March 9,10 2017
- Spread the word!



Tips to Broaden the Role of the RDN

- The RDN has the expertise to lead emerging health-promotion agendas within coalitions
- Understand your performance level
 - Competent, proficient, expert
- RDNs can be empowered through:
 - Public Health experience
 - Advanced terminal degrees
 - Experiential education activities
 - Membership with American Public Health Association and Society for Public Health Education

Davis, A.M. & Affenito, S.G. (2014) Nutrition and Public Health: Preparing Registered Dietitians Nutritionist for Marketplace Demands *Journal of the Academy of Nutrition and Dietetics*, 114(5), 695-699



Julie Raeder Schumacher, EdD, RDN, LDN; Best-Practice Grant Writing Strategies of RDNs to Establish Community Coalitions

Michigan Food Policy Councils

Detroit Food Policy Council

Eaton Good Food Council

Farm and Food Action Council of Southern Clinton County

Edible Flint

Good Food Battle Creek

Good Food Kalamazoo

Kent County Food Policy Council

Lake County Food Policy Council

Macomb Food Systems Collaborative Council

Mid Michigan Food Systems Working Group

Ottawa County Food Council

UP Food Exchange

Washtenaw Food Policy Council



Michigan Local Food Council Network (MLFCN)

For information on Michigan Food Councils or information on forming your own; contact MLFCN Coordinators:

Megan Masson-Minock

megan@enp-associates.com

or

Lauren Carlson

lcarlson@PLANNINGMI.ORG



Resources

- Johns Hopkins' Center for a Livable Future; Food Policy Networks:
<http://www.foodpolicynetworks.org/>
- Michigan State University's Center for Regional Food Systems
<http://foodsystems.msu.edu/>
- Wayne State University's SEED Wayne
<http://clas.wayne.edu/seedwayne/>

Contact Information:

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Questions

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