



2025 SEMDA Spring Workshop
The Food as Medicine Summit:
“Food Connects Us®”
Saturday, March 1, 2025
8:30 am to 2:30 pm

Agenda

8:30 – 9:00 am

Registration, Continental Breakfast, and Welcome

9:00 – 10:00 am

Changing Diabetes in Michigan

Mark Thiesmeyer Hook, MS, MPH, RD, C-EP

Diabetes Prevention Task Force, Co-Chair, Michigan Academy of Nutrition and Dietetics

10:00 – 11:00 am

Addressing Social Care Through a Food and Nutrition Lens

Mary Angela Niester, MPH, RD

Diabetes Prevention Program Coordinator, Trinity Health Livonia

11:00 - 12:30 pm

Enteral Tube Feeding and Case Study

Tonja Stallings, RD

Ventilator Dependent Unit Dietitian, Autumn Woods Health Facility

12:30 – 12:50 pm

Break: Refreshments, Awards Presentations

12:50 – 1:20 pm

Update on licensing the practice of MNT in Michigan

Bethany Thayer, MS, RDN, FAND

Licensure Task Force, Chair, Michigan Academy of Nutrition and Dietetics

1:20 – 2:20 pm

Registered Dietitian Nutritionists as Leaders in Lifestyle Medicine

Abigail McCleery, MPH, RDN, DipACLM

Colleague Wellness and Lifestyle Medicine Coordinator, Trinity Health Ann Arbor

2:20 – 2:30 pm

Evaluations

5.0 CPEU available from the Commission on Dietetic Registration

Questions? Contact Barbara Saulter at

(313) 850-8227 or barbarasaulter@comcast.net

Objectives: At the end of this program participants will be able to:

- Name 3+ new strategies for reducing the risk of prediabetes advancing to diabetes.
- Recognize the difference between Social Determinants of Health and Social Care and provide examples of how both impacts the health of people served by nutrition professionals
- Assess and calculate tube feedings
- Understand the legislative process that follows getting a bill signed into law.
- Describe the competencies, skills and training that make dietitians well positioned to be leaders in Lifestyle Medicine.

Madonna University,
36600 Schoolcraft Rd. Livonia, MI
Franciscan Center Lecture Hall S100

Parking Directions: Take the first left off Levan (going North), Van de Vyer Dr., and follow the drive around the buildings and turn right on Bridget Dr. Continue until you see “Franciscan Center” on the building on your right. Park in this nearby parking lot.

When you enter the building from this entrance, the lecture hall is immediately on your right.

Registration Deadline: Tuesday, February 18, 2025

Register online on the SEMDA website: <https://www.semda.org/spring-workshop-reg/>

- SEMDA Member - Free (Members must register)
- Academy Member residing outside the SEMDA area: Workshop only - \$25
- Academy Member RD/RDNs: Join SEMDA & Attend Workshop - \$45
- Academy Member DTR/NDTRs: Join SEMDA & Attend Workshop- \$40
- Interns & Students: Join SEMDA & Attend Workshop - \$15
- Non-Member - \$60

*New members must be Academy members to join SEMDA and must remain members until May 31, 2026.