

**You are Cordially Invited to the 58th Annual Margaret L. King Lecture** Presented by Southeastern Michigan Dietetic Association and Henry Ford Hospital



Wednesday April 17, 2019 1:00 pm to 3:00 pm Reception immediately following  
Henry Ford Hospital Buerki Auditorium  
2799 W Grand Blvd, Detroit, MI 48202



*Why An Evidence-Based Food Strategy Escapes Us:  
What We can Do to Make a Difference Anyway*

**Diane Cress, RD, PhD**

There are difficulties that are unique to nutrition science and the impact of equivocal data on diet recommendations. This timely presentation will explore problems that make it difficult to interpret data while helping to define the primary tenants of any good helpful diet. We will learn the benefits of providing food in community based participatory research.

This workshop will explore the benefits of using cooking demonstrations to teach health and wellness to individuals and groups. We will also learn the key steps to make those cooking demonstrations specific to the community audience. This workshop will infuse excitement into our work as nutrition professionals, once more illuminating our role as the go to expert in nutrition science.



*21st Century Dietetics in Action! Don't Miss this Amazing Speaker*



**About our Speaker: Diane Cress, RD, PhD** Diane received her Master's Degree and Dietetics degree at Immaculata University and earned her doctorate in Nutrition at Wayne State University. Diane has been a Registered Dietitian since 1990, and has worked in clinical dietetics, education, and basic research. Currently her research program investigates the reach and impact of Community Based Participatory Research (CBPR) on community health. In addition to teaching and research, she works to create internship opportunities for students to engage in community collaboration, and expose them to experiences that will lead to understanding, community engagement and lifelong learning.

**About Margaret L. King:** Miss King joined the Department of Dietetics at

Henry Ford Hospital in 1927. She was appointed the director in 1943, and served in this capacity until her death in November 1962. Miss King was a prominent and respected member of her profession, and held many offices at the local, state and national levels. Those who worked with Miss King, in whatever capacity, will not forget her engaging personality, articulate manner, adherence to high personal and professional standards, and her insistence that the patient was the most important person. The Margaret L. King Lecture has been presented annually since 1962. Please join us in honoring her memory, renewing friendships and exploring a timely subject.

**The event is free and open to all. 2 CEUs approved by The Academy of Nutrition and Dietetics for RDs**